



Mental Health and Substance Use Resources for Providers

Referrals for Mental Health or Substance Use Disorder Treatment

If you have a patient in need of Mental Health or Substance Use Disorder Treatment, you may call Optum® Maryland at 855-293-5407 for assistance. In partnership with the Maryland Department of Health (MDH), Optum® Maryland provides Mental Health and Substance Use Treatment services for all Maryland Medicaid recipients (fee-for-service recipients and all MCO enrollees).

Additional resources are available through Core Service Agencies (CSAs) for Behavioral Health Services. CSAs are mental health authorities responsible for public mental health services at the local level (ex: Baltimore County CSA, St. Mary's County CSA, etc.). CSAs exist under the authority of the Secretary of the Department of Health and Mental Hygiene and also are agents of the county government. Their purpose is to plan, develop, and manage a full range of treatment and rehabilitation services for persons with serious mental illness in their jurisdiction. CSAs can be a unit of county government (e.g. health department), a quasi-public authority, or a private, non-profit corporation. CSAs link with other human service agencies to provide comprehensive services.

A list of local CSAs can be found at:

<https://health.maryland.gov/bha/Pages/Core-Service-Agencies-Resources.aspx>

Additional Substance Use Treatment Resources

SBIRT

Providers should screen for Substance Use Disorders. Screening, Brief Intervention and Referral to Treatment (SBIRT). The SBIRT tool is an evidenced-based practice used to identify, reduce, and prevent problematic use, abuse, and dependence on alcohol and drugs. The practice has proved successful in hospitals, specialty medical practices, emergency departments and workplace wellness programs. SBIRT can be easily used in primary care settings and enables providers to systematically screen and assist people who may not be seeking help for a substance use problem, but whose drinking or drug use may cause or complicate their ability to successfully handle health, work or family issues. The provision of SBIRT is a billable service under Medicaid. MedStar Family Choice covers the following procedure codes for substance use disorder screening and intervention:

Procedure Code	Description	Reimbursement
W7000	Alcohol and/or substance (other than tobacco) use disorder screening; self-administered	\$5.14
W7010	Alcohol and/or substance (other than tobacco) use disorder screening; provider-administered structured screening	\$17.13
W7020	Alcohol and/or substance (other than tobacco) use disorder intervention; greater than 3 minutes up to 10 minutes	\$5.71
W7021	Alcohol and/or substance (other than tobacco) use disorder intervention; greater than 10 minutes up to 20 minutes	\$11.42
W7022	Alcohol and/or substance (other than tobacco) use disorder intervention; greater than 20 minutes	\$22.36



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Release of Information (ROI)

Due to laws (Code of Federal Regulations: 42 CFR, Part 2) surrounding the release of information regarding substance use treatment, patients must sign a release of information (ROI) before communication between mental health providers, medical care providers, substance related disorder providers may take place, Maryland Department of Health, and MCOs may take place. This communication is critical to providing better coordination of care amongst all providers. The consent form is required to be updated by the patient annually. Patients may also customize what information they will allow to be released.

A copy of the form can be found at:

<https://maryland.optum.com/content/dam/ops-maryland/documents/provider/forms/administrative/ROI%20for%20sharing%20data%20with%20MCOs%20Optum%20Updated.pdf>