



MedStar Family Choice

5233 King Ave., Ste. 400
Baltimore, MD 21237
800-905-1722
MedStarFamilyChoice.com

Dear Practitioners,

We would like to remind you that one of the key in-network supports for practitioners is the use of evidence-based Shared Decision-Making (SDM) aids, which can be valuable in assisting you with the management of asthma in MFC members. Below, you will find links to SDM aids that are endorsed within MedStar's medical guidelines to help guide your asthma management practices.

1. **Stepwise Approach for Managing Asthma (Children and Adults)**
[GINA 2023 Full Report](#)
2. **Focused Updates 2020 Asthma Management Guidelines**
[NIH 2020 Focused Updates](#)
3. **MedStar Clinical Guidelines for Asthma (Pediatrics)**
[MedStar Pediatrics Asthma Guidelines](#)
4. **MedStar Clinical Guidelines for Diagnosis and Management of Asthma (Adults)**
[MedStar Adult Asthma Guidelines](#)

We encourage you to utilize these resources to enhance MFC member (patient) engagement and facilitate informed decision-making for better asthma management outcomes.

Thank you for your continued commitment to improving patient care.

Sarah Romecki, MSN, RN, CEN
Manager of Quality Improvement
MedStar Family Choice
Sarah.E.Romecki@medstar.net